

## **Food Buckets for Sierra Leone**

The Ebola virus has caused a terrible societal breakdown in Sierra Leone—where food insecurity is already a way of life. The NC Conference is sending a container with **sealed 5 gallon plastic FOOD buckets** full of food along with other supplies to try to help our sisters and brothers in Sierra Leone. Buckets will be blessed at our 2015 NC Annual Conference and may be taken to Annual Conference OR to the 3MC Mission Warehouse @ 676 Community Drive, Goldsboro, NC on or before May 16, 2015.

### **5 gallon plastic bucket w/lid contents**

- 1 bag sugar (4-5 lb.)
- 1 bag rice (5 lb.)
- 1 bag dried beans (2 lb.)
- 1 powdered milk (10 oz. or less)
- 1 box old-fashioned oats (18 oz. or less)
- 1 bottle cooking oil (48 oz. or less)
- 2 cans meat: ham, chicken, or tuna

#### **Important notes:**

We need to have the buckets filled to the brim—which in some cases may mean that extra bags of rice or beans should be added before the lid is sealed. Please write FOOD on the top of each lid.

Extra food from the above list may be bagged or boxed according to type and taken to Annual Conference or 3 MC.

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